



Educational Library

CMSA's online educational resource offering programs to case managers and allied health professionals serving the case management industry.

Accreditation

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Coursework Levels **Basic**

Case Management

Enhance the collaborative process by increasing your understanding of communication, assessment tools, health change and care planning.

- Current Concepts in Managing Antithrombotic Therapy for Patients with Acute Coronary Syndrome (Intermediate)
- Wellness Coaching (Basic)
- Continuity of Pain management in the Elderly (Intermediate)
- Putting Evidence Into Practice: Proving That Case Management Works and Getting Others to Listen (Basic)
- Can You Effectively Manage the Risk of Preterm Delivery? (Basic)
- Myoelectrics and Myo-Orthotics: The Future of Orthotic & Prosthetic Care is Finally Here! (Intermediate)
- Guided Care: Outcomes from Case Management Imbedded In Primary Care Practice (Intermediate)
- Evidence-Based Care Management: Moving From Dreams to Reality (Advanced)
- The Post Bariatric Surgery Patient: Managing to Success (Basic)
- Pediatric Upper Extremity and Lower Extremity Options for Pediatrics (Basic)
- Medication Non-Adherence and CMAG2: The Guidelines to Combat the Epidemic (Intermediate)
- Integrating Palliative Care Along the Health-Illness Continuum (Basic)
- How to Case Manage A Wound (Basic)
- Botulinum Neurotoxin Therapy of the Neurogenic Patient: An Integrated Case Management Approach (Intermediate)
- Pain Management in Workers Compensation Cases (Basic)
- Acuity & Case Management: A Healthy Dose of Outcomes (Intermediate)
- Management of Substance Abuse: Alcohol and Prescription Opiates (Intermediate)
- Achieving Successful Medication Adherence Through Pharmacy Collaboration and Case Management (Intermediate)
- Cultural Diversity: Working Together In A Diverse World (Basic)
- Medication Non-Adherence: Case Study, Interventions for the Special Populations, and Tools to Manage within the Care Management Plan (Intermediate)
- Facilitating the Law of Movement Therapy (Intermediate)
- Motivational Interviewing: Involving the Patient in medication Adherence Management and Ensuring a successful Discharge for the Hospitalized Individual (Intermediate)

- Recognizing and Managing Depression - A Guide for Case Managers (Basic)
- Self and Balance Amid Chaos: Fostering Professional Resilience (Intermediate)
- Chronic Heart Failure (Basic)
- When You Talk, Do They Hear?: Assessing Health Literacy (Intermediate)
- The Role of Case Management in Optimizing HIV Treatment (Intermediate)
- A Model For Using the Evidence to Make Your Practice Excellent (Advanced)
- Transitions of Care: From the Acute Care Setting to the Workplace (Intermediate)
- Venous Thromboembolism (VTE): Prevent VTE & Protect Your Patients (Basic)
- The Integrated Team Approach: Behavioral Health In A Primary Care Setting (Intermediate)

Disease Management

Disease management focuses on interventions to improve patient clinical outcomes. Modules here will increase your knowledge, skills and treatment management process for chronic populations across the continuum of care.

- Considerations in the Health Management of Patients with Schizophrenia (Advanced)
- Emerging Techniques for the Management of ADHF in the Outpatient Setting (Intermediate)
- Empowering the Patient and the Care coordination Team in Diabetes Management (Advanced)
- Understanding Pandemic Influenza (Intermediate)
- Wielding the Two-Edged Sword - Etiology and Consequences of Chronic Kidney Disease (Intermediate)
- Population Based COPD Initiatives (Basic)
- Managing DVT: Avoiding Variance in the Clinical Pathway (Intermediate)
- Fostering Behavioral Change (Intermediate)
- Reinforcing Self-Care and Adherence (Basic)
- Video Views and Real Talk About Effective Asthma Management (Intermediate)
- COPD in Women: A Growing and Unrecognized Population (Basic)
- Preventing Dangerous Drug Interactions (Intermediate)
- New and Emerging Trends for Parkinson's Disease (Intermediate)
- Self-Deception - Learning to Open Your Eyes and See Others (Advanced)
- Strategies in the Management of CHF to Reduce Hospitalization (Advanced)
- RSV Update 2006 (Basic)
- Well-Controlled Asthma Management: Treatment Choices and the Case Manager's Role (Intermediate)
- Engaging in the Patient with Co-Morbid Conditions (Intermediate)

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Business

Manage your time more wisely, communicate better with your supervisor and spend more time with your family.

We offer instructional information on everything from effective communication to leadership. If you need help writing a presentation or planning a meeting, we have resources that will help. If you need to manage your time at home and at work better, look no further.

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FEATURED ARTICLE



Monitor Your Moods

Whether you realize it or not, your coworkers are receptive to your moods. They can tell when you've had a good day and they certainly know when you're off center. When you project a presence of anger, hostility or irritability, you can be certain that it's going to have an effect on the workday. Here are some tips to help you be aware of how your moods may be hindering your workplace dynamic.

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Other valuable resources are also listed here for you convenience, like courses you may have taken in the past, or access to a variety of tools.

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Recognizing and Managing Depression - A Guide for Case Managers

Case Management Society of America

Recognizing and Managing Depression — A Guide for Case Managers

Sam D. Toney, MD



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[Presenter Profile](#)

Credit Hour:

60 Minute: 2.00 hours

50 Minute: 2.40 hours

Course Objectives:

1. Understand depression and its various categories and its impact on overall health status.
2. Understand depression screening and how to apply basic screens to identify possible depression.
3. Understand the treatment options for depression and the coordination of medical care for the depressed patient.

Abstract:

This basic module will assist case managers in defining depression and to understand its impact on patient health status in the CM environment. The speaker will explore screening for depression, care coordination for the depressed patient and treatment approaches in the co-morbid population. Finally, Dr. Toney will address ongoing monitoring and outcomes.

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